

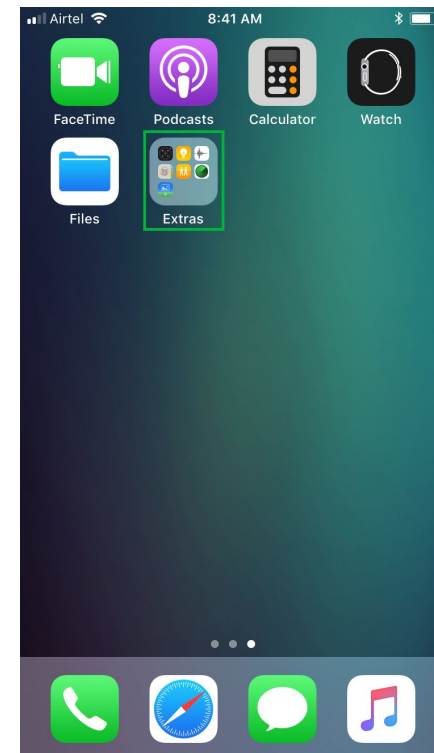
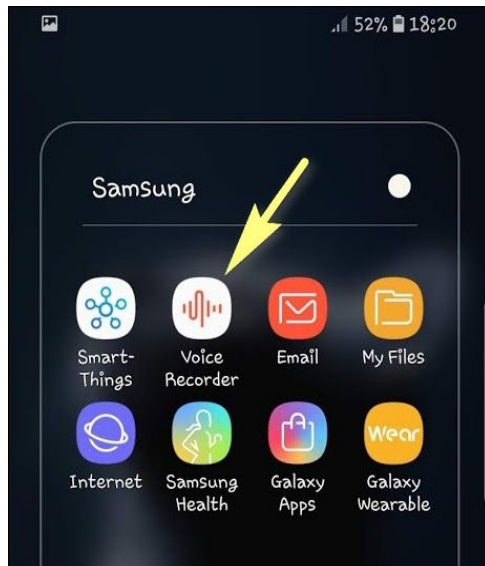
## Recording a story on your phone

Whether you have an Android or iPhone, you can easily record a story using the instructions below. If you run into any trouble or would just like some support while you record for the first time, you can email or call Amelia. 0220919566 or [Amelia@flock.nz](mailto:Amelia@flock.nz)

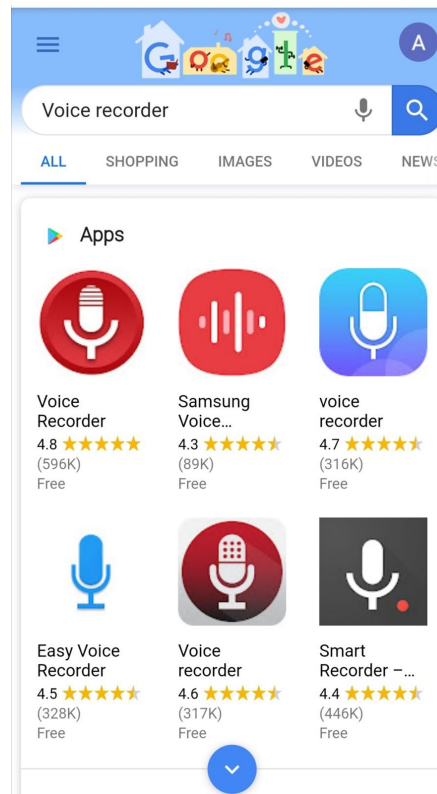
1. Find the voice recording app on your phone (Most phones will already have one)

Android: look for **Voice Recorder** which may be in the tools folder

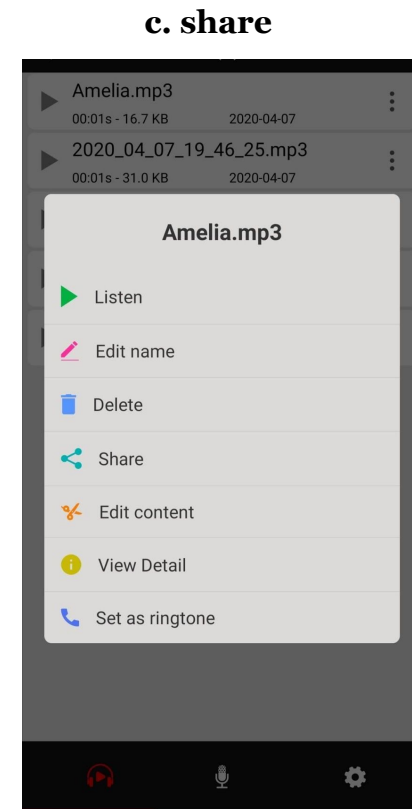
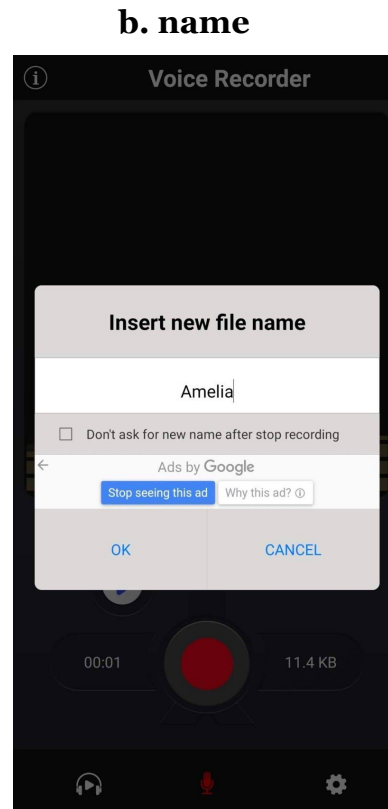
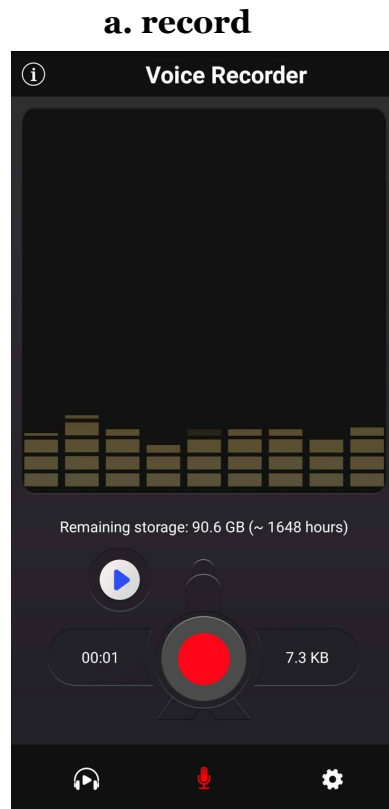
iPhone: look for **Voice Memo** which may be under extras



2. Alternatively, you can download a simple voice recorder for free from your app store. Just search “voice recorder” and there are many options. They may contain some ads which you can ignore but generally are just as simple as inbuilt recorders.



3. Spend some time getting to know the recorder, most will have a red circle at the bottom of the screen which is the record button. Do a few tests so you're comfortable with it.



4. Find your recording space: ideally somewhere with a lot of soft furnishings (lounge or bedrooms are good!), the smaller the better, and ideally with doors and windows closed. Basically you are trying to find somewhere that can be as quiet as possible.

5. Set up your recording position: You want to be as comfortable as you can, but also both be as close to the phone as possible. You don't need to hold the phone up between you, but just make sure you're both sitting reasonably close to it.

6. Do a test record to check the sound: professional broadcasters usually do sound level tests by talking about what they had for breakfast, so why not do the same? Talk for a few minutes, then listen back to the recording to make sure both people can be heard clearly. If you can't, you may need to adjust where the phone is sitting.

7. Press record and you're away. Whether you are recording yourself or someone else, take your time, ask a question or two and you will be amazed at how little you really have to do. We all have stories just waiting to be told! Here are a few ideas for questions to get you going:

- What brought you to .....? (Greenhithe/Hobsonville/Albany etc.)
- Who did you come here with / who did you grow up with?
- How has it changed since you first moved here?
- What do you remember about going to school here?
- What was your first house here like?
- Can you tell us about a fond and/or funny memory of a neighbour?
- What is your favourite thing about living here?
- What do you think it was like around here before people lived here?

5. Don't worry if your recording is 4 or 40 minutes long, we will edit it down once we have received it. Please use your name as a file name, most of the apps will ask you to name the sound file you have just made.

6. At this point you can share your recording, by emailing it to [Amelia@flock.nz](mailto:Amelia@flock.nz). If it is too big a file we can use dropbox, just get in touch and we can walk through that. Please do take a selfie of you and the person you are recording and email that or even dig up an old photo that relates to the story you have just told.

7. Congratulations! You have just recorded your first story and you are now a part of "The Travelling Apple Cart!"